



The  
Advance  
Project®

**We help make it easier** to have courageous conversations that make a big difference to people living with dementia

**NEW**

### **The Advance Project® Dementia Specific Training and Resources**

Our new **FREE** training and resources make initiating end-of-life conversations and assessing palliative needs of people living with dementia easier, to enable better care.

## **Empowering aged and primary care teams to better support people living with dementia**

End-of-life planning (advance care planning) and palliative care are important aspects of care for people living with dementia and their families.

It has been identified that people living with dementia and their carers often don't have the opportunity to discuss advance care planning and access to palliative care, resulting in unmet needs.

In fact, frontline aged and primary care staff report a lack of confidence and skills in advance care planning and palliative care provision for people living with dementia, and a need for practical resources.

Our dementia training and resources have been specifically created for clinicians, managers, and careworkers in aged care and primary care settings, to build greater confidence, capacity, and skills.

## More about the new Dementia Specific Training and Resources

### Who is it for?

The dementia specific training and resources are for\*:

- Registered and enrolled nurses, managers, care coordinators and allied health professionals working in residential and community aged care and primary care settings.
- Careworkers, support workers/assistants in nursing in residential and community aged care.
- Dementia consultants.
- Other health professionals working involved in the care of people living with dementia

\* The resources are also relevant to GPs/other doctors in aged or primary care.

### What is the aim of The Advance Project® dementia specific training and resources?

The Advance Project dementia training and resources aim to enable better healthcare outcomes for people living with dementia, and to build capacity in aged and primary care to:

- Initiate conversations about advance care planning with people living with different stages of dementia, in residential and community aged care, and primary care settings.
- Empower and prepare families to advocate for the person's end-of-life care wishes in the future.
- Identify people living with dementia who would benefit from a structured assessment of their palliative care needs and then systematically assess these needs.
- Facilitate timely referrals to specialist palliative care and other services as required.

The ultimate goal is to enable people living with dementia to have the opportunity to express their needs and preferences for care at the end of life, and have access to palliative care and support for their families and carers.

### How do the training and resources make it easier to have conversations about end of life with people living with dementia?

- Our free, self-paced training is specifically designed for clinicians, managers, and careworkers in aged and primary care, to build confidence, capacity, and skills.
- Training is conveniently accessible online and walks you step-by-step through approaches and tips for having end-of-life conversations and assessing palliative care needs.
- All the training modules feature interactive case-studies and engaging videos based on real-life scenarios.
- Our free, practical suite of evidence-based dementia specific resources can be downloaded from our website.
- The Advance Project Team are here for you if you have questions about the dementia specific training and resources, or want to share any feedback.

Contact: [AdvanceProject@hammond.com.au](mailto:AdvanceProject@hammond.com.au)



***“The knowledge I gained from this training gives me more confidence in organising advance care planning with clients and family”***

Care Manager, Residential Aged Care

**Making it easier**

**to care better**

Access **FREE** Dementia Training and Resources today at [theadvanceproject.com.au/dementia](https://theadvanceproject.com.au/dementia)

